



# Elements

RESTAURANT & BAR

## STARTERS

### RUSTIC CAESAR SALAD

App \$6 | Entree \$12

Chopped Romain heart, garlic croutons, chunky bacon, creamy Caesar dressing & parmesan flakes.

### COBB SALAD | \$15

Mixed greens, crispy bacon, boiled eggs, avocado, grape tomatoes, red onion, blue cheese crumble & ranch.

### HOUSE SALAD

App \$5 | Entree \$12

Add: chicken \$6 | 3oz Salmon \$10

### SOUP KETTLE | Cup \$6 | Bowl \$9

Soup of the day.

## NIBBLES

### WINGS & THINGS | \$15

One pound of double fried crispy chicken wings, tossed in your choice of sauce & served with ranch and veggie sticks. Sauces: hot, buffalo, salt & pepper, honey garlic, BBQ & Asian.

### FRIED RIBS | \$16

Pork ribs toasted in Japanese style BBQ sauce served with creamy slaw.

### CRISPY CHICKEN STRIPS | \$14

Regular fries or sweet potato fries with honey mustard.

### FIRECRACKER CALAMARI | \$15

Flour dusted calamari, fried jalapeño rings & tzatziki dip.

### SPINACH ARTICHOKE DIP | \$15

Warm homemade spinach, artichoke, & 3 cheese dip served with chips & naan bites.

### TANDOORI CHICKEN FLAT BREAD | \$15

Indian spiced rub juicy chicken, cumin tomato chutney, roasted peppers, sauteed onions, shredded mix cheese, goat cheese crumble, green onion & drizzled with yogurt cilantro dip.

### QUEEN - PULLED PORK NACHOS | \$17

Tri-color corn tortilla, fried jalapeno, roasted corn, tomato, green onion & melted mixed cheese, served with sour cream & tomato salsa. ADD GUACAMOLE | \$1.50

### KING - CAJUN CHICKEN NACHOS | \$18

Tri-color corn tortilla, fried jalapeno, roasted corn, tomato, green onion & melted mixed cheese, served with sour cream & tomato salsa. ADD GUACAMOLE | \$1.50

### ROSEMARY FRIES | \$5.50

### SWEET POTATO FRIES | \$5.50

## BIG BITES

All sandwiches & burgers served with fries, or house salad. Sub sweet potato fries, Caesar salad, homemade Cajun chips, or cup of soup. +\$2

### PENNE CHICKEN ALFREDO | \$21

Roasted red peppers, broccoli, garlic alfredo & shaved parmesan.

### SMOKED BBQ PULLED PORK | \$16

Fried onion, cabbage slaw, on a brioche bun.

### OPEN TOP STEAK SANDWICH | \$19

Grilled 6oz striploin, sauteed mushrooms & sweet onion medley, horseradish mayo on grilled focaccia bread.

### CAJUN CHICKEN WRAP | \$17

Grilled Cajun chicken, bacon, lettuce & tomato.

### ALBERTA PRIME RIB BURGER | \$20

Juicy Alberta beef patty, melted cheddar, pickles, sliced tomato, lettuce & onions in a brioche bun.

### LODGE DOUBLE BURGER | \$19

Double beef patty, bacon, melted swiss cheese, sauteed onion & mushrooms, topped with lettuce, tomato & pickle garnish on a brioche bun.

### CHICKEN BURGER | \$18

Choice of crispy or grilled chicken breast, melted cheddar, bacon, sliced tomato, lettuce, sauteed onion & mushroom on a brioche bun.

### SOUTHERN CHICKEN TACOS | \$15 for 3

Seasoned, breaded & fried strips of chicken, ginger lime slaw, chipotle lime ranch & fresh tomato.

### FISH & CHIPS | \$19

Battered fish fillet, served with creamy slaw, lemon wedges & your choice of side.

## WHATEVER THE "FOX" YOU WANT PLATTER Min. \$10

Fried pickle	\$1 each
Wings	\$5 (5 per order)
Jalapeno Popper	\$1 each
Homemade Cajun potato chips & dip	\$3
Southern chicken fingers	\$2 each
Southern chicken tacos	\$5 each
Sticky dry ribs (half order)	\$5
Nachos, cheese & salsa	\$5
Mozza Stick	\$1 each
Veggie sticks	\$3

Elements Entertainment Lounge

elements\_restaurant\_bar



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## PIZZAS (12 inch) Available after 4pm.

### MARGHERITA | \$19

Tomato sauce, mozzarella & cherry tomatoes.

### HAWAIIAN | \$19

Tomato sauce, mozzarella, pineapple & ham.

### PEPPERONI | \$19

Tomato sauce, mozzarella, beef pepperoni & bell pepper.

### MEAT LOVERS | \$19

Tomato sauce, chicken, beef, bacon bits, cherry tomato, red onion, mushroom, mozzarella.

## SIGNATURE COCKTAILS | \$11 (2oz)

### SNAKE EYE

Gin, vodka, triple sec, lime juice & lemonade.

### THE THAIZILLIAN

Blood orange Sky Vodka, cherry Sky Vodka, peach guava, cranberry juice & 7 Up.

### LUCKY 7'S

White rum, spiced rum & Malibu rum with pineapple juice.

### COULEE MULE

Vodka, ginger beer, & fresh lime juice.

### CU SANGRIA

1oz cherry Sky Vodka, 1oz orange Sky Vodka, pineapple juice, orange juice, 7 Up, Soda, & your choice of red or white wine.

## FISHBOWL | 3oz

Make your 2oz signature or blended cocktail a fishbowl for an additional \$4

## WINE

### RED

	6oz	9oz	1/2L	Bottle
Play Dramatic Red	\$8.25	\$12	\$21.25	\$32
Sawmill Creek Shiraz	\$8.25	\$12	\$21.25	\$32
Anakena Cabernet Sauvignon	\$9	\$13	\$24	\$36
La Colonia Malbec	\$8.25	\$12	\$21.25	\$32

### WHITE

	6oz	9oz	1/2L	Bottle
Play Dramatic White	\$8.25	\$12	\$21.25	\$32
Play Ad Lib	\$10.95	\$15	\$26	\$41
Gallo White Zinfandel	\$8.25	\$12	\$21.25	\$32
Two Oceans Chardonnay	\$8.25	\$12	\$21.25	\$32
Flat Roof Manor Pinot Grigio	\$10	\$14	\$25	\$39

## DRINKS

### HIGHBALLS (1oz)

\$6

### COCKTAILS (1oz)

From \$7.15

ADD A SHOT

\$3

### PREMIUM

From \$6.25

ADD A SHOT

\$4

### COOLERS

From \$6.50

### BOTTLED BEER

\$6

Domestic

From \$6.75

Imported/premium

### DRAFT BEER

16oz 20oz

Elements CU Lager

\$5.95 \$6.95

Med Hat Brewing Co.

\$7.95 \$8.95

Bud Light

\$7.95 \$8.95

Budweiser

\$7.95 \$8.95

Kokanee

\$7.95 \$8.95

Michelob Ultra

\$7.95 \$8.95

Alexander Keith's

\$8.45 \$9.45

## BLENDED COCKTAILS | \$12 (2oz)

### CAPTAIN CREAMSICLE

Captain Morgan, vanilla ice cream mix, orange crush.

### COPPER COULEE BELLINI

Dark rum, red wine & peach puree.

### FROZEN PINK WHITNEY

Pink Whitney, strawberry puree & lemonade.

### MARGARITA

Tequilla, Cointreau & lime juice.

### PINA COLADA

Rum, coconut cream & pineapple juice.

### DAIQUIRI

White rum, lime juice & choice of: peach, strawberry, or mango.

## FISHBOWL | 3oz

Make your 2oz signature or blended cocktail a fishbowl for an additional \$4

## MARTINIS | \$11 (2oz)

### PINK WHITNEY MARTINI

Pink Whitney, lemon juice, garnished with lemon zest.

### BLUEBERRY MELON MARTINI

Watermelon vodka, blueberry vodka, splash of 7 Up.

### CHOCOLATE MARTINI

Cream de cacao, Baileys cream & chocolate sauce.

### ELECTRONIC LEMONADE

Vodka, blue curacao, & lemon juice.



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