

# R KITCHEN

## SALADS FROM R GARDEN

### HEART OF ROMAINE ..... \$15

Grilled romaine, smoked bacon, croutons & house-made Caesar dressing.

### ROASTED PEAR SALAD (GF) (V) ..... \$15

Mixed greens, roasted pear, orange segments, feta cheese & served with mango passionfruit dressing.

### ORGANIC GREENS (GF) (V) ..... \$14

Mixed greens, tomato, root vegetables, pickled onion, pumpkin seeds & mango passionfruit vinaigrette.

## R STARTERS

### LOBSTER MAC & CHEESE ..... \$19

Lobster in a creamy cheese sauce & a parmesan crisp.

### TOMATO SOUP (V) ..... \$15

With garlic cheese bread.

### CALAMARI ..... \$18

Flour dusted squid with tzatziki dip.

### AVOCADO MANGO BRUSCHETTA (V) ..... \$16

Avocado, mango, red onion, sweet pepper, lime juice & crostini.

### SEARED SCALLOPS ..... \$18

With butternut squash puree, squid ink aioli & served with a tapioca crisp.

### CHICKEN WINGS ..... \$18

Choice of hot sauce or salt & pepper seasoning.

## ADD-ONS

- | BLACKENED CHICKEN +\$7
- | SHRIMPS +\$7
- | SALMON +\$7
- | LOBSTER TAIL +\$16

## R HANDHELDS

Includes fries! Substitute house sides for +\$3.

### STEAK SANDWICH ..... \$24

6oz NY striploin, caramelized onion, sautéed mushrooms, parmesan & aged balsamic glaze on ciabatta.

### MUSHROOM SWISS BURGER ..... \$23

6oz wagyu beef burger with grilled portobello mushrooms & swiss cheese. Add: Bacon +\$3

### WAGYU BURGER ..... \$23

6oz wagyu beef patty, tomato, lettuce, bacon, onion jam, smoked havarti & garlic mustard aioli on a brioche bun.

### BUFFALO CHICKEN BURGER ..... \$22

Crispy Buffalo chicken, bacon & sweet aioli.

### VEGGIE BURGER (V) ..... \$21

Homemade chickpea & beet patty with cottage cheese & tzatziki sauce.

## FLATBREADS FROM R OVEN

### STEAK END ..... \$22

Burnt end of steak, bell peppers & blue cheese drizzle.

### MEDITERRANEAN (V) ..... \$19

A flavorful blend of tangy feta, aromatic spices, sundried tomato & olives on a warm flatbread.

### BUFFALO CHICKEN ..... \$20

Spicy buffalo chicken topped with creamy ranch, peppers & melted Havarti cheese.

### CHICKEN CAESAR ..... \$20

Grilled chicken, bacon & parmesan drizzled with Caesar dressing.

### CHICKEN BACON RANCH ..... \$20

Grilled chicken bacon with cheese ranch drizzle

ASK ABOUT OUR  
DAILY SPECIALS!

# R KITCHEN

## PRIME CUTS FROM R GRILL

Each prime cut includes choice of two sides.

10oz RIBEYE STEAK <sup>GF</sup> ..... \$49

8oz STRIPLOIN STEAK <sup>GF</sup> ..... \$35

6oz TENDERLOIN <sup>GF</sup> ..... \$43

Choice of sauces: peppercorn sauce, red wine demi, mushroom sauce, or bernaise.

6oz FLAT IRON STEAK SIZZLER <sup>GF</sup> ..... \$35  
With sauteed onions and peppers.

26oz TOMAHAWK FOR 2 ..... \$110

AAA certified ribeye, served with choice of vegetable, two starch & garlic sautéed wild mushrooms. Sauce: peppercorn & Argentinian chimichurri & red wine demi.

## R MAINS

Each main includes choice of two sides.

BISON SHORT RIBS <sup>GF</sup> ..... \$38

Slow cooked buffalo short ribs, served with mashed potatoes & Saskatoon berry sauce.

BBQ PORK RIBS ..... \$30

Half rack of BBQ ribs & corn bread.

BLACKENED SALMON <sup>GF</sup> ..... \$29

Served with chimichurri sauce.

PORK CHATEAUBRIAND <sup>GF</sup> ..... \$36

Herb crusted 12oz pork tenderloin, served with charcuterie sauce & mango salsa.

GRILLED SWORDFISH <sup>GF</sup> ..... \$29

Served with mango salsa.

GRILLED CHICKEN SUPREME ..... \$29

8oz Chicken stuffed with spinach, ham & swiss cheese. Served with butter vegetables.

CAULIFLOWER STEAK <sup>GF</sup> <sup>V</sup> ..... \$20

## R BOWLS

SEAFOOD FETTUCCINE ..... \$29

Scallops, shrimp, mussels, squid, spinach & parmesan in a lobster cream sauce. Served with garlic toast.

SPAGHETTI & MEAT SAUCE ..... \$24

Ground beef & pomodoro sauce. Served with garlic toast.

FETTUCCINE ALFREDO <sup>V</sup> ..... \$22

Fettuccine pasta in a delicious alfredo sauce. Served with garlic toast.

BAMI GORENG <sup>V</sup> ..... \$22

Indonesian style stir fried rice noodles with vegetables.

CHICKEN MANDARIN FRIED NOODLES ..... \$23

Chicken & vegetables tossed in a tangy mandarin sauce over egg noodles.

SZECHWAN BEEF NOODLES ..... \$24

Beef, vegetables & egg noodles stir fried with szechwan spices.

## HOUSE SIDES

| SOUP OF THE DAY

| GARLIC MASHED POTATO <sup>GF</sup>

| FINGERLING POTATOES <sup>GF</sup>

| FRIES <sup>V</sup>

| SAUTEED MUSHROOMS <sup>GF</sup> <sup>V</sup>

| RICE <sup>GF</sup> <sup>V</sup>

| BRUSSEL SPROUTS <sup>GF</sup>

| VEGETABLES OF THE DAY <sup>GF</sup> <sup>V</sup>

| CAESAR SALAD

| HOUSE SALAD <sup>GF</sup> <sup>V</sup>

EXTRA SIDE +\$5

## R DESSERT

APPLE BLOSSOM ..... \$10

Served with vanilla ice cream.

CHOCOLATE TOWER CAKE ..... \$10

CHEESECAKE ..... \$10

Ask your server for today's flavor!

